

Designing a System of Coordinated and Integrated Care in West Virginia That Impacts Individual and Population Health Small Group Discussion Guidelines

Time: 70 minutes small group discussion - 15 minutes report out

Small Group Helper/Assistant Roles

Each group selects a Facilitator

- ✓ Keeps the group on task
- ✓ Helps the group to follow the ground rules
- ✓ Pays attention to time limits

Each group selects a Recorder

- ✓ Records group responses on sheets provided
- ✓ Is clear and concise – uses bullet points (phrases or short sentences)
- ✓ Writes out all words. Doesn't use acronyms or abbreviations
- ✓ Records responses as neatly as possible

Each group selects a Reporter

- ✓ Prepares to report responses and/or common themes to large group
- ✓ Reports clearly and concisely

As you review the distributed example of a coordinated care model, consider what changes you would need to make for it to:

- Successfully combat obesity, smoking, and related issues
- Equally improve outcomes at the individual patient and population levels
- Effectively integrate the three concepts we discussed last month: provider efforts, integrated services between clinic and community, and community strategies (including policy)

With this ideal model in mind, work with other members in your small group and discuss the following five (5) questions. Record responses on flipchart paper:

- (1) *What would you keep in this model?*
- (2) *What would you remove from the model?*
- (3) *What would you add to the model?*
- (4) *What would be needed to sustain the significance of this model?*
- (5) *What questions do you have about a coordinated and integrated system of care in West Virginia that impacts individual and population health?*